

## *President's Message*

Miriam Armstrong, RDH, BA, MOL



First and foremost, I would like to thank you for this opportunity to serve as your TDHA President. I am looking forward to working with the newly elected board members (many new faces) during the 2019-2020, appointment year. I would also like to acknowledge the hard work and efforts of the outgoing President, Laura Abbott, and her board members for making a smooth transition.

In an effort to unleash my potential as your president, I had the opportunity to attend the Leadership retreat in Columbus, Ohio, on “Courageous Leadership” along with our two new Trustees, Samantha Merritt and Kelley Bennett and our outgoing Trustee, Stephanie Lautz. Courage is the first virtue of organizational performance. We learned courage is alive and well within the soul of each and every one of us. It is stepping out of your usual “comfort zone” to a possible area of “discomfort.” Here lies the challenge: learning and growing requires doing uncomfortable things, but who wants that. No one initially, but sometimes taking that “leap of faith” makes one do courageous things. There are 3 buckets of courage: Try, Trust and Tell. My challenge to the TDHA membership is to be courageous and try something new within the organization that is out of your “comfort zone.” Trust in your TDHA leadership and “Tell” us (your board members) of your expectations and your vision of this organization and the direction you would like to see it go in the future. Your voice does matter!

As we move forward, we have an exciting continuing education course planned at our Annual Owens Alumni Day- Back to Basics: A Review of Oral Pathology, Extra-oral Dental Exams, and Community Dental Health on September 28, 2019. If you are in need of CEU's, please plan on attending. This is a renewal year. ODHA Annual Session is taking place on November 1<sup>st</sup> -3<sup>rd</sup>, 2019, at the Quest Center in Columbus, OH. As always, there is always a need for table clinic judges, so please consider a day trip to Columbus to be a volunteer judge while catching up with friends. The students work very hard and appreciate the competition. We'll be concluding 2019 with our Holiday Social on Wednesday, December 4<sup>th</sup> which is a great opportunity for you to meet the Owens students and to network with other members in our organization.

On the Legislative front, there are two bills of note at the **state level** with ODHA: **HB11** – Tobacco Cessation-Prenatal Care and **HB 203** – Mobile Dental Facilities, which is directly related to our role as dental hygienists. Ohio legislators recognize the benefits of hygienists in addressing access to care issues. There are currently 10 states with Dental Therapists and with the continued efforts of the ODHA leadership, hopefully, Ohio can be added to the list in the near future. At the **national level**, they are developing new initiatives to support and mentor student chapters and student leadership. This is an effort to ease their transition from student to professional by focusing on the benefits of belonging to this organization. As one of their Student Advisors at Owens, I will be working closing with the Student Chapter along with Brittany Moore and Rebecca Weaver. Also, there is a goal to increase overall membership throughout the local components. In order to achieve this, **we need your help** in recruiting non-members to aid in this objective. So please “Be a Buddy and Bring a Buddy” to any activity sponsored by TDHA.

I would also like to thank all of the other officers, delegates, and members that make TDHA a success. I look forward to working with all of you this coming year as we continue to improve and strive for excellence in our organization and the profession of Dental Hygiene.

Be Courageous!

Miriam J. Armstrong, RDH, BA, MOL

## *President Elect*

Pat Powers, RDH



### MEMBERS

Our email Address is  
[tdhasmiles@gmail.com](mailto:tdhasmiles@gmail.com)

Our web site is  
[TDHASmiles.org](http://TDHASmiles.org)

If you know of a fellow member who hasn't shared his or her email address, please encourage them to drop us an email, so that they can continue to receive our newsletter and other important professional information

My name is Pat Powers. I am the President Elect to the Toledo Dental Hygienists Association. I was a charter member of the North Central Dental Hygienists Association. With the redistricting of our components by ODHA, our component was dissolved. I am from Tiffin, so I decided to join the Toledo component. I have been a Dental Hygienist for 42 years graduating from Lakeland Community College. I have been active on the ODHA level and my component level. I served as ODHA President from 1994-1995. I have been President on the component level numerous times. I enjoy serving my Dental Hygiene Association.

I am excited about our upcoming year at TDHA. I hope that you will consider attending some of our CE's and meetings so that we can become acquainted. I am excited about meeting the members and the potential members of TDHA.

## *Vice President*

Sara Morman, RDH



Hello TDHA members,

I am excited to serve as your Vice President and I am looking forward to meeting all of you. Just a little bit about me; I am a graduate of Youngstown State University and have just entered my 18<sup>th</sup> year of practicing. I live and practice in Fremont.

As summer is wrapping up, it is time to start thinking about TDHA's Holiday Social. This year I have chosen Stella's Restaurant and Bar in Downtown Perrysburg. There will be options to fit everyone's budget. We will once again be having a Silent Auction so please bring an item for the auction. Remember all funds from the Silent Auction will go to the Owen's SADHA to help offset their costs.

Please save the date for December 4<sup>th</sup>, 2019 at 5:30PM to mingle and dinner at 6PM.

Please RSVP by Nov. 20<sup>th</sup>, 2019

### **TDHA Holiday Social**

**Wednesday, December 4<sup>th</sup>, 2019**

**Stella's Restaurant and Bar**

104 Louisiana Ave.

Perrysburg, Ohio 43551

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### **TDHA HOLIDAY SOCIAL**

Name: \_\_\_\_\_

TDHA member yes \_\_\_\_\_ no \_\_\_\_\_ student \_\_\_\_\_

RSVP by Nov, 20, 2019

Mail to : Sara Morman, 2675 Smith Rd, Fremont, Ohio 43420 or

text information to 419-680-1457



## Secretary

Amanda Edgell, RDH

Hello everyone, I hope you all have had a great summer. As your new TDHA Secretary, I look forward to working with our seasoned officers the next two years in learning the ropes of our association and its governance. With the assistance of such great mentors I look forward to what my future will hold for the association, and networking with fellow teeth lovers.

Amanda Edgell, RDH

### TDHA Calendar of Events

July 2019 – December 2019

September 28, 2019  
Saturday

**Back to Basics: A Review of Oral Pathology, Extraoral Dental Exams, and Community Health**

Speakers: Stephen Shall, DDS - Western Lake Erie Oral & Maxillofacial Surgery, Marla Morse, MS – Oral Health Ohio, Elizabeth McClure RDH, Med, Maggie Biddle RDH, MS, and Molly Muhlbachler RDH, MS

Owens Community College – Heritage Hall #123  
Registration 8:30am, Event 9am -1pm  
4 CEUs – Owens Alumni Day

October 23, 2019  
Wednesday

**Delegate Meeting for Annual Session**

Owens Community College  
Fireside Café in College Hall  
5:30pm – 6:30pm

November 1-3, 2019

**ODHA 96<sup>th</sup> Annual Session**

Quest Conference Center  
Columbus, Ohio

December 4, 2019  
Wednesday

**Holiday Social – NEW LOCATION**

Stella's Restaurant and Bar  
104 Louisiana Ave., Perrysburg, Ohio  
Social Hour 5:30pm, Dinner 6pm



## *Trustee*

Stephanie Lautz, BSDH, RDH, EFDA



Thank you for taking the time to read the Toledo Dental Hygienists' Association newsletter. This newsletter helps to inform and connect to you to the events and opportunities our local component has to offer. There will be some good things up ahead so stay tuned and be ready to connect with other hygienists in our area.

If you are looking for some great CE's no better place to start than your local component. TDHA is your connection to all things changing in the profession. Don't let your profession change without you knowing it.

This summer in June, the ADHA Annual Conference was hosted in Louisville, KY. Many of you were able to attend and if you did, you know that it was a lot of fun! The House of Delegates is so familiar. We are lucky to be a component in the Ohio constituent. Our component mirrors our national association so well.

Fall is around the corner and Toledo looks strong with a full slate of delegates attending ODHA Annual Session Nov 1-3. Toledo is allowed 7 delegates and 7 alternates. Thank you for your leadership delegates! In October there is a delegate meeting for pertinent information for your role as a delegate to ODHA annual session.

This is my last few months as Toledo Trustee. After several years we have new faces joining TDHA and it's such a good thing. I am so happy to announce that Toledo is gaining Kelley Bennett and Samantha Merritt as our new Trustees! These leaders are engaging and passionate about being dental hygienists. Welcome Kelly and Sam, and I am so excited to have you on the Board of Trustees!

Toledo component is lucky to have the members we have. Without you, things could change drastically. Please consider inviting your friends to the fun! New members are always welcome and our profession needs the camaraderie and leadership. Thanks for taking the time to read our newsletter!

Stephanie Lautz BSDH, RDH, EFDA  
Outgoing Toledo Trustee

## *Incoming Trustee's*

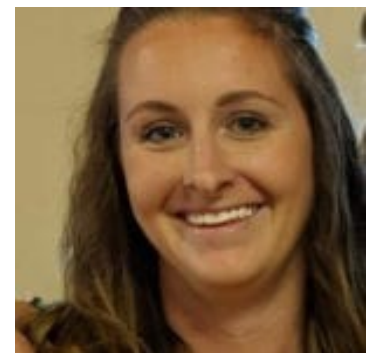
Kelley Bennett, RDH

Samantha Merritt, RDH



Serving as upcoming Trustees for the Toledo component are Kelley Bennett and Samantha Merritt. Kelley and Samantha both graduated from Owens Community College Dental Hygiene program earlier this year in May of 2019. Kelley is currently working a fulltime position as an RDH at a small, supportive office with Corner Dental in Oregon, Ohio. Samantha has been enjoying the freedom and diversity that comes with working as a substitute hygienist in a wide variety of offices. Kelley and Samantha are proud to be representing TDHA and connecting our local component to ODHA at the state level. Samantha and Kelley are hoping to grow and develop their leadership skills they both discovered at Owens while serving as President and Treasurer of their student chapter. They plan on being mentored by the current Trustee, Stephanie Lautz, until they are officially installed at Annual Session in November.

Kali Battin, RDH, BAS



Kali graduated from the Owens Community College Dental Hygiene program in 2015, she then went on to finish her Bachelors degree from The Ohio State University in 2017. She currently works full time in Clinical Hygiene in Toledo Ohio. Kali, her fiancé Andrew and their dog Macy live in Grand Rapids Ohio. In their free time they enjoy kayaking, camping, being outdoors and spending time with friends and family.

## *Treasurer*

Debbie Manore, RDH, EFDA, BAS



Debbie graduated from Owens Community College, 1983, in dental hygiene, and received her EFDA certificate the same year. Several years later she received her BAS from Siena Heights University. She is licensed in Ohio and Michigan.

She is employed part time for Dr. William Sorensen, a periodontist in Ann Arbor, Michigan; and is adjunct faculty at Owens Community College.

Debbie is married with two children, who are attending college. Perennial gardening and painting are her hobbies.

This is Debbie's first year as treasurer for TDHA.

# Community Service



TDHA is once again sponsoring a decorated Christmas tree for the 2019 Parade of Trees at the Toledo Club, 235 14<sup>th</sup> Street, in downtown Toledo. The trees are available to purchase via silent auction and will be on public display during several special holiday events. This is a #ToledoMe for TDHA!

Lunch: December 10, 11 & 12.

Sunday brunch: December 15.

Evening buffet: December 17, 18 & 19.

Proceeds from the auctioned tree will benefit the mission of the Dental Center of Northwest Ohio.

For more information click on [www.toledoclub.org](http://www.toledoclub.org).



**TOLEDO DENTAL HYGIENISTS'  
ASSOCIATION**

*Cordially invites you to our*

# **Holiday Social**

**DECEMBER 4<sup>TH</sup>, 2019**

**5:30 P.M. Social Time 6:00 P.M. Dinner**

**Stella's Restaurant and Bar**

104 Louisiana Ave.  
Perrysburg, Ohio

Please R.S.V.P. by November 20<sup>th</sup>, 2019 to  
Sara Morman, 2675 Smith Rd, Fremont, Ohio 43420  
or text information to 419-680-1457



## CONTINUING EDUCATION FOR DENTAL HYGIENISTS/ASSISTANTS

### NITROUS OXIDE ADMINISTRATION/MONITORING

This course meets the new regulations for administration of Nitrous Oxide for the Dental Hygienist in accordance with rule 4715-9-01.2 in the Ohio Administrative Code. The course is the equivalent of a six-hour course which includes a two-hour online didactic course plus another two hours of didactic instruction (four-hour didactic total) and two hours of clinical experience. For course requirements and additional information, visit [www.owensworks.com](http://www.owensworks.com). Please register by 10/18 to ensure time for online portion of class.

56022 Sat 10/26 8 a.m. - 12 p.m. Perrysburg \$295

### LOCAL ANESTHESIA FOR DENTAL HYGIENISTS

Proper anesthesia knowledge, skills and techniques are critical to today's dental hygienists. This state-approved course combines online study and hands-on clinical at Owens' dental hygiene lab to help you build those skills. The course prepares you to take the North East Regional Board of Dental Examiners (NERB) local anesthesia exam, which is required for dental hygienists to become credentialed in Ohio. This course has been approved by the Ohio State Dental Board and follows the guidelines in the Revised Code 4715.231 and the Ohio Administrative Code 4715-9-01(D). Please visit [www.owensworks.com](http://www.owensworks.com) for a complete course description, prerequisite requirements. Twelve hours of online course work must be completed prior to the first class. Please register by 9/6 to ensure time for online portion of class.

56023 Sat 9/21 & 9/28 8:30 a.m. - 6 p.m. Perrysburg \$835

### MEDICAL EMERGENCIES FOR THE DENTAL PROFESSIONAL

This course helps dental hygienists, certified dental assistants (CDAs), and expanded function dental auxiliaries (EFDAs) recognize the symptoms, first aid treatment and possible outcomes for patients who exhibit a variety of emergencies in the dental office, including cardiovascular disease, insulin reactions and epileptic seizures. This course has been approved by the Ohio State Dental Board and follows the guidelines in the Revised Code 4715.231 and the Ohio Administrative Code 4715-9-01 (D). Instructor: Debra Manore

56164 Sat 11/2 8:30 a.m. - 12:30 p.m. Perrysburg \$109



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**REGISTER TODAY!** [www.owensworks.com](http://www.owensworks.com) • (567) 661-7357



**Save the Date!**

## Owens Community College Alumni Day

Back to Basics: A Review of Oral Pathology, Extraoral Dental Exams, and  
Community Oral Health

**Saturday, September 28<sup>th</sup>, 2019**

**Registration 8:30 am     Speakers 9:00a.m.-1:00p.m.**

**Owens Community College Heritage Hall 123**

**4.0 CEU approved**

**Coffee, tea, water, light breakfast fare and snacks**



**Stephen Shall, DDS**  
**Western Lake Erie Oral &**  
**Maxillofacial Surgeons**

### Course Description

The dental hygienist is often the first member of the dental team to identify variations from normal during preventive appointments. Disorders and conditions will be discussed in terms of clinical features, referrals for biopsy, and management of each entity. Uncommon lesions that mimic common lesions will also be identified.

**Marla Morse, MS**  
**Oral Health Ohio**

Since 2000 Surgeon General's report on oral health, interest in oral health by the non-dental health professional as well as the public has increased steadily. The research and promotion of the links between oral disease and systemic health has further propelled oral health into the public arena. Updates will be provided on the efforts to improve oral health outcomes by Oral Health Ohio, the only state-wide agency advancing this agenda for Ohio citizens.

**Elizabeth McClure RDH, MEd**  
**Maggie Biddle RDH, MS**  
**Molly Muhlbachler RDH, MS**

The dental professional is in an excellent position to provide the extraoral examination as one portion of comprehensive patient treatment; however, this aspect of assessment is often overlooked. This course will identify normal anatomy, variants of normal and skin cancer.

## Registration:

Name: \_\_\_\_\_ ADHA #: \_\_\_\_\_

Email: \_\_\_\_\_

- ☐ ADHA Members: \$25
- ☐ Non-Members: \$45
- ☐ Students: Free

\*Checks payable to **TDHA**

\*Mail registration and checks to:

Brittany Nagel, RDH  
7340 Woodsman Circle  
Holland, OH 43528



## Directions to Owens Community College for the September CE

**From southbound I-75:** Take I-75 South to Exit 198-Wales Road. Travel east on Wales Road and turn right onto Oregon Road (first intersection). You will turn RIGHT at the third traffic light which is First Street. At the first stop sign, turn left onto D Street. You will park in the parking lot to your left next to Heritage Hall.

**From northbound I-75:** Take I-75 North to Exit 198-Wales Road. Travel east on Wales Road and turn right onto Oregon Road (first intersection). You will turn RIGHT at the third traffic light which is First Street. At the first stop sign, turn left onto D Street. You will park in the parking lot to your left next to Heritage Hall.

**From the Ohio Turnpike:** Take the Ohio Turnpike to Exit 64, where it intersects with Interstate 75. Exit the turnpike heading north on I-75. Then follow the northbound I-75 directions above.

**From State Route 20:** Take SR 20 to Oregon Road, turn right. Go forward at the stop sign to the traffic light, turn LEFT onto First Street. At the first stop sign, turn left onto D Street. You will park in the parking lot to your left next to Heritage Hall.

Campus map: [https://cdn.owens.edu/about\\_owens/toledocampus-color.pdf](https://cdn.owens.edu/about_owens/toledocampus-color.pdf)

