



## *President's Message*

Pat Powers, RDH

Greetings! Let me introduce myself. I am Pat Powers, President of the Toledo Dental Hygiene Association. So, another year is upon us and we are still dealing with COVID. Despite that, the Toledo Dental Hygiene Association is moving forward with many fun activities this year. We did have a delay in our Installation of Officers because we were having a difficult time filling the offices. We still are in need of a President Elect and 1 or 2 Trustees. If you know of anyone who might be interested in either of these positions, please let me know. We were able to hold an informal Installation at the Three Meadows Park in Perrysburg on Friday, August 13, 2021 with Beth Tronolone as the Installing officer. We then held a planning meeting to set up some activities and events for the coming year. Please check out the calendar in this issue. I hope you will plan on joining us. If you know of someone who is not a member, please bring them along. All are welcome at our events. We decided we wanted to get more Hygienists involved so we are planning fun events for the members. The TDHA Board will be meeting by zoom or team meetings so members don't have to sit through a business meeting. I hope to keep you informed through the newsletter, email, facebook, and our TDHA website about events happening on the local, the state and national levels. As your President, I am looking forward to meeting and greeting all of you throughout this year.

Pat Powers RDH

TDHA President

419-618-4086

pvpowers@hotmail.com



## *Immediate Past President*

Miriam Armstrong, RDH

I want to say thank you for allowing me to serve as your President for the last two years. The time has flown by quickly. It only seems like yesterday when our lives and careers as dental hygienists changed forever. Unfortunately, half of the time we were locked down during COVID-19. As an organization we rose to the challenge and pushed forward. We had CE courses via Zoom in October 2020 and February 2021, met virtually to continue on our mission when we needed to in order to be safe, and we also managed to have delegates at ODHA's Virtual Annual Session last November.

The New Year, 2021, began with thoughts of finally seeing the world get back to some degree of normalcy with the rollout of the vaccines. Resilient we were in our REBOOT TDHA campaign to increase membership and participation within our organization. With your help we did reboot a little but there is still more work to be done. Next came an outdoor activity organized by several of our avid bike rider members to have our 1<sup>st</sup> Ride Reunion O-HY-PAC Bike Ride Fundraiser, where we raised over \$500. Owens dental hygiene students dressed up as Tooth Fairies and members were in attendance. We all enjoyed a beautiful Friday night ride and walk on the Wabash Cannonball Trail in Monclova Township. Next came our elections a little later than usual but we managed to get a partial slate of officers. We are still looking for a President Elect and 2 Trustees. Overall, I believe we accomplished a lot considering all that we have experienced these last 2 years.

It has truly been an honor to serve as your President. I would like to thank all of the members that stepped up during this time to assist with CE's, ODHA Annual Session, the Reboot campaign, O-HY-Pac fundraiser, virtual meetings, nominating committee and the Installation of our officers. I really appreciate your support and sharing your time and talent to help TDHA achieve its goals. Someone once said, "Every end is a new beginning." My time as your President has ended but I am looking forward to a new beginning with our newly elected President, Pat Powers, who brings a wealth of experience to the position and all of the other newly elected officers, who have decided to take on leadership roles in our organization. Let's continue our quest to REBOOT TDHA and make it the best component in Ohio!

Always,  
*Miriam*

## *Vice President*

Sara Morman, RDH



Hello fellow hygienists!! My name is Sara Morman and I am your current Vice President for TDHA. I currently live and work in Monroeville. Busy mom of two girls ages 12 and 10 who are entering the world of being very involved in extracurricular activities. I have just entered my 20<sup>th</sup> year as a hygienist. Wow! There been many changes to our profession over the course of those 20 years. We are the driving focus for what becomes of our future that is why I choose to be part of the ADHA. I am excited for what the future holds and hope that you are too! I am looking forward to all the fun activities that TDHA has in store for the upcoming year. Yoga, Parade of Trees, Pub Crawl and of course continuing education courses. Can't wait to see all your smiling faces at these events!



## *Secretary*

Miranda Samson, RDH

My name is Miranda Samson. I graduated from Owens Community College in 2020 and became a licensed RDH. I love that I can help educate people on oral-systemic health and help create a better self-esteem. I've always wanted to make a difference in others' lives and in Dental Hygiene I can do that. I am extremely excited to have been elected as the secretary for the Toledo Dental Hygienists' Association. I am proud to be involved in my career at a higher level and I can't wait to see what life has in store for me. Being a member of TDHA has so many benefits, like access to continuing education courses, networking with other hygienists in my area, and fun events. The events I'm most excited for this year are the ones that allow me continue my active lifestyle. We are having a yoga event in September which is extremely beneficial for our bodies as hygienists, and the Miles for Smiles event in October where we run a 5k to raise money for the Toledo Dental Society. I am eager to continue growing in my profession and to make a difference.

## *Calendar of Events*

<b>SEPTEMBER 18</b>	Yoga outing at Three Meadows Park, Perrysburg 10 am
<b>OCTOBER 3</b>	ODHA BOT- Columbus Convention Center
<b>OCTOBER 7</b>	Miles for Smiles
<b>NOVEMBER 12-14</b>	Annual Session Cherry Valley Lodge Newark, OH
<b>DECEMBER</b>	Holiday Social
<b>DECEMBER</b>	Parade of Trees at Toledo Club- decorate tree for the Dental Center
<b>JANUARY 13</b>	TDHA Open Board Meeting- Budget Meeting Zoom or Teams Call 7pm
<b>FEBRUARY</b>	Nominating committee to work on slate of officers
<b>MAY</b>	Spring Banquet- Installation of officers



Ohio -Toledo  
Dental Hygienists' Association

A lot is happening this Fall at  
TDHA!

We hope we sparked your interest.

**Saturday, September 18th, 10:00 am**

(Rain date September 25th)

**Yoga level one, led by Sue Nichols**

Bring yoga matt or blanket



**THREE MEADOWS PARK**

300 Three Meadows Dr Perrysburg, OH



Smile or treat

**Saturday, October 17th**

**MILES for SMILES**

5K Race, Walk, and Kids' Run • 2021

BENEFITTING THE DENTAL  
CENTER OF NORTHWEST OHIO

**10.17.21**

**9 AM @ CENTENNIAL TERRACE**

5K TIMED RACE OR FUN RUN // KID'S RACE  
ENTERTAINMENT // REFRESHMENTS

\$25 FOR ADULTS  
\$10 FOR AGES 12 & UNDER

SPONSORSHIPS AVAILABLE!

FOR MORE INFORMATION:  
[WWW.TOLEDODENTALSOCIETY.COM/MFS](http://WWW.TOLEDODENTALSOCIETY.COM/MFS)

**November 12-14, 2021**  
**ODHA Annual Session**

*More details will be announced as we advance  
through the global pandemic, hope to see all of  
you, in person!*



2299 Cherry Valley Rd SE,  
Newark, OH 43055

**December**  
**Holiday Parade of Trees**  
**TOLEDO CLUB**

TDHA will donate a fully decorated tree to The Toledo Club. The trees are then auctioned during the month of December with bidding cards displayed in the Lobby. Proceeds benefit the Toledo Dental Center of Northwest Ohio.

**Help us decorate our TDHA Tree!**



**Questions? Please Contact:**

**Pat Powers, President:** [pvpowers@hotmail.com](mailto:pvpowers@hotmail.com)

**Miram Armstrong, Immediate Past-President:** [mjardh@aol.com](mailto:mjardh@aol.com)

**Sara Morman, Vice President:** [sjmoe3709@gmail.com](mailto:sjmoe3709@gmail.com)

**Miranda Samson, Secretary:** [sampsonmiranda@yahoo.com](mailto:sampsonmiranda@yahoo.com)

**Debbie Manore, Treasurer:** [deb27@gmail.com](mailto:deb27@gmail.com)

**Brittany Nagel, Contact person/Historian:** [Britwd@aol.com](mailto:Britwd@aol.com)



# Continuing Education

## CONTINUING EDUCATION FOR DENTAL HYGIENISTS/ASSISTANTS

### NITROUS OXIDE ADMINISTRATION/MONITORING

This 6-hour course meets the new regulations for administration of nitrous oxide for the dental hygienist in accordance with rule 4715-9-01.2 in the Ohio Administrative Code. Register by 10/4. Self-study will be available 10/9.

**Sat 10/16 8 a.m. - 12 p.m.**  
**Perrysburg \$295**

### LOCAL ANESTHESIA FOR DENTAL HYGIENISTS

Proper anesthesia knowledge, skills and techniques are critical to today's dental hygienists. This state-approved course combines online study and hands-on clinical at Owens' dental hygiene lab to help you build those skills. The course prepares you to take the North East Regional Board of Dental Examiners (NERB) local anesthesia exam, which is required for dental hygienists to receive credentials in Ohio. Approved by the Ohio State Dental Board and follows the guidelines in the Revised Code 4715.231 and the Ohio Administrative Code 4715-9-01(D). Register by 2/26. Self-study will be available 3/2.

**Sat 3/12 & 3/19 8:30 a.m. - 6 p.m.**  
**Perrysburg \$835**

### MEDICAL EMERGENCIES FOR THE DENTAL PROFESSIONAL

This course provides the necessary curriculum for dental hygienists (RDH), certified dental assistants (CDAs) and expanded function dental auxiliaries (EFDAs) to work when the dentist is not physically present in the office. You will be able to recognize the symptoms, first aid treatment and possible outcomes for patients who exhibit a variety of emergencies in the dental office, including cardiovascular disease, insulin reactions and epileptic seizures. Approved by the Ohio State Dental Board and follows the guidelines in the Ohio Administrative Code 4715-9-05 (A) (2). This course is also required for dental hygienists OHASP (Oral Health Access Supervision Program).

Students will have two weeks from the date of registration to complete four hours of the online, self-study class.

9/18 - 10/1	Online	\$109
10/16 - 10/29	Online	\$109
11/6 - 11/19	Online	\$109
12/4 - 12/17	Online	\$109



### ORAL HEALTH ACCESS SUPERVISION PROGRAM (OHASP)

The Oral Health Access Supervision Program (OHASP) allows dental hygienists with additional required education to practice under relaxed supervision in certain designated underserved locations outside of the dental office without the presence of a dentist, such as nursing homes, schools in dental health resource shortage areas, Head Start programs, WIC clinics, and other locations to serve populations who may have had difficulty obtaining dental care.

This course will prepare dental hygienists to practice dental hygiene under the oral health access supervision program (OHASP) following the State of Ohio guidelines. The course outlines the laws and rules that allow a dental hygienist to provide dental hygiene services to patients when the supervising dentist is not present. This online course divided into five modules covering topics such as treatment of geriatric, medically compromised, developmentally disabled and pediatric patients; common oral conditions; medical considerations; medications; behavioral management; recognition of abuse; recognition of what constitutes a medically significant change to a patient's medical or dental history; infection control; and ethical and legal considerations. This course meets Revised Code 4715.372(B)(2) (b), and all recordkeeping practices outlined in board rule 4715-9-01, Revised Code 4715.361 to 4715.375 required by the Ohio State Dental Board in association with the OHASP. Students will have three weeks from the start date to complete 8 hours of the online, self-study class. Once you are registered, you will receive an email instructing you how to access the course online.

9/13 - 10/1	Online	\$329
10/11 - 10/29	Online	\$329
11/8 - 11/26	Online	\$329



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